

## NEWS RELEASE

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### How to be better prepared for and during an emergency

*Take the time to prepare today!*

#### Summary

With the recent rain storm and boil water advisory now over, Nanaimo residents and businesses are encouraged to use these events as important reminders to revisit their emergency plans, freshen their emergency kits or get started on making an emergency kit and plan.

Preparing an emergency kit, having an emergency plan and knowing the risks in an area are crucial to minimizing the impact of an emergency situation.

Preparing for an emergency can save lives and is something the whole family can help plan for. By taking a few simple steps, residents can become better prepared to face a range of emergencies and minimize the impact on individuals and their families.

The City recommends residents prepare to take care of themselves, family members and pets for seven days. In addition, the City encourages residents to sign up for the free Emergency Call Alert. During an emergency the City will contact registered residents by phone and email. This system was most recently used during last week's boil water advisory.

For more information on Emergency Preparedness and the City's Emergency Call Alert, please visit the City's website.

*Strategic Link:* The City is committed to Public Safety.

#### Key Points

- With the recent rain storm, the City of Nanaimo wants to remind residents to have an emergency kit.
- Know the risks in the area, make an emergency plan and prepare a kit.
- An emergency kit should contain supplies lasting seven days.

#### Quotes

"The recent storm serves as a great reminder of the unpredictability of mother nature and emergency situations. This recent event emphasizes the importance of being prepared as individuals and as a community. I encourage all residents to take the time to make a seven day emergency kit and a plan."

Karen Lindsay  
Emergency Program Manager  
City of Nanaimo

Continued... How to be better prepared for and during an emergency

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